



HOME SLEEP TEST BULK BILLED

STEP 1: HOME SLEEP TEST – ONE NIGHT ONLY
STEP 2: SLEEP DOCTOR CONSULTATION

Seven to ten days after your home sleep test you see our Sleep Physician who will have a detailed report on exactly what happens with you whilst you sleep.

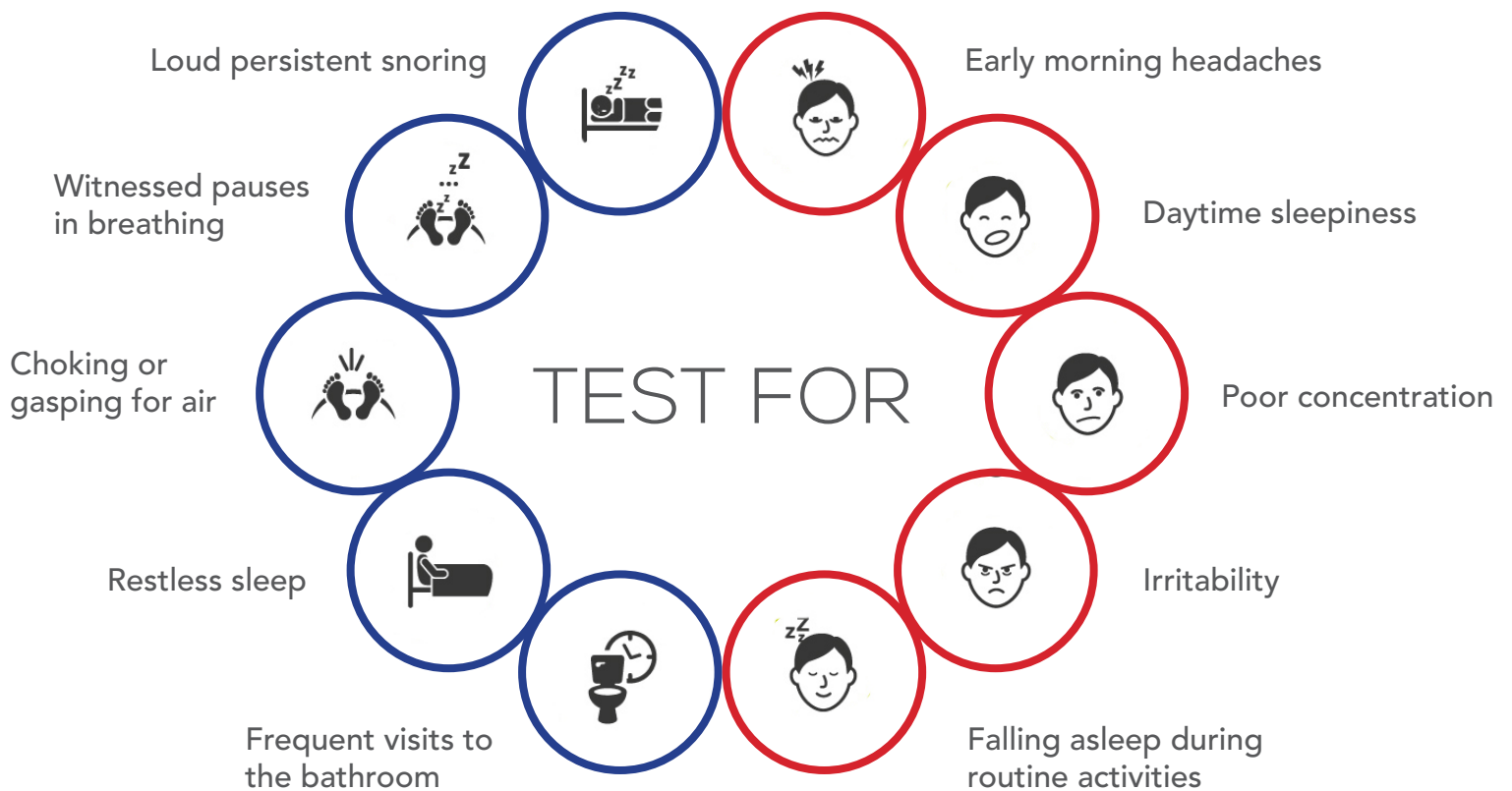


**Sleep
Clinic**

ERINA - SYDNEY CBD - MIRANDA - KOGARAH
www.drlevissleepclinic.com.au | 1300DRLEVI | 1300 375 384

NIGHTTIME SYMPTOMS

DAYTIME SYMPTOMS



THIS TEST WILL MEASURE:

1. How much oxygen you are getting whilst asleep
2. Snoring – how loud, what position, how often
3. Depth of sleep
4. Evidence of Apnoeas (where you stop breathing)
5. Respiratory effort
6. EEG (brainwave patterns)
7. Heart rate and pulse
8. What side you slept on
9. How long you slept for and what depth of sleep you achieved

OTHER INDICATIONS:

1. Unstable diabetes
2. Uncontrolled hypertension (BP)
3. Unstable heart arrhythmia's
4. Sexual disinterest
5. Restless legs
6. BMI greater than 40 (overweight)



**Sleep
Clinic**

ERINA - SYDNEY CBD - MIRANDA - KOGARAH
www.drlevissleepclinic.com.au | 1300DRLEVI | 1300 375 384